

19. Homeopathy & Sinusitis

19.1. "Controlled double-blind study of a homeopathic sinusitis medication" – Heel GmbH, Baden-Baden, Germany

Citation and Link:

M. Weiser & B.P.E. Clasen, "Controlled double-blind study of a homeopathic sinusitis medication", *Biological Therapy*/ Vol. XIII/ No. 1 1995.

http://www.heelusa.com/practitioners/clinicalresearch/Docs/Euphorbium/Homeopathic_Sinusitis_Medication.pdf

Aim & Method:

Investigation of clinical effectiveness of Euphorbium compositum S nasal spray in chronic sinusitis. For the statistical comparison among the therapeutic groups, a cumulative score was calculated from the data compiled in three sectors "subjective symptoms (day & night)", "anterior rhinoscopy" & "ultrasound examination of paranasal sinuses."

Randomized, Placebo controlled, double blind parallel group-comparison study

Results: *Out of 94 cases (in acute & chronically recurrent rhinitis & sinusitis) good therapeutic results were achieved in 81 percent cases.....*

19.2. Homeopathic treatment of patients with chronic sinusitis (134 patients): (with 8 years follow-up) -Institute for Social Medicine, Epidemiology and Health Economics, Charité University Medical Centre, Berlin

Citation and Link:

Claudia M. Witt, Rainer Lüdtkke, and Stefan N. Willich, "Homeopathic treatment of patients with chronic sinusitis: A prospective observational study with 8 years follow-up", *BMC Ear, Nose and Throat Disorders* 2009, **9:7**

<http://www.biomedcentral.com/1472-6815/9/7>

Method:

"An evaluation of homeopathic treatment and the outcomes in patients suffering from sinusitis for ≥ 12 weeks in a usual care situation. The study included 134 adults (mean age 39.8 ± 10.4 years, 76.1% women), treated by 62 physicians. Patients had suffered from chronic sinusitis for 10.7 ± 9.8 years."

Results: "This observational study showed relevant improvements that persisted for 8 years in patients seeking homeopathic treatment because of sinusitis".