

# 13. Homeopathy and Immunology

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**13.1. PART 1 of “Immunology and Homeopathy”**- Department of Scienze Morfologico-Biomediche,  
University of Verona, Verona, Italy

**Citation and Link:**

Paolo Bellavite, Riccardo Ortolani, Francesco Pontarollo, Valeria Piasere, Giovanni Benato, and Anita Conforti, “Immunology and Homeopathy. 4. Clinical Studies—Part 1”, *Evid. Based Complement Alternat Med*, 2006 September; 3(3): 293–301.

<http://www.ncbi.nlm.nih.gov/pmc/articles/PMC1513149/>

**Method:**

“An interesting multicenter, prospective, observational study in a real world medical setting compared the effectiveness of homeopathy with conventional medicine (65) three complaints: *upper respiratory tract complaints including allergies; lower respiratory tract complaints including allergies; or ear complaints*. 456 patient visits were compared.”

**Results:**

“... In any case, homeopathy appeared to be at least as effective as conventional medical care in the treatment of patients with these three conditions”.

**13.2. PART 2 of “Immunology and Homeopathy”** - Department of Scienze Morfologico-Biomediche,  
University of Verona, Verona, Italy

**Link:**

Paolo Bellavite, Riccardo Ortolani, Francesco Pontarollo, Valeria Piasere, Giovanni Benato, and Anita Conforti, “Immunology and Homeopathy. 4. Clinical Studies—Part 2”, *Evid. Based Complement Alternat Med*, 2006 September; 3(4): 397–409.

<http://www.ncbi.nlm.nih.gov/pmc/articles/PMC1697745/>

**Process:**

“The clinical studies on the effectiveness of homeopathy in respiratory allergy (18 randomized trials and 9 observational studies) are described. The literature of common immunologic disorders including also upper respiratory tract infections (URTI) and otorhinolaryngology (reported in part 1), is evaluated and discussed. The evidence demonstrates that in some conditions homeopathy shows significant promise, e.g. *Galphimia glauca* (low dilutions/potencies) in allergic oculorhinitis, classical individualized homeopathy in otitis and possibly in asthma and allergic complaints, and a few low-potency homeopathic complexes in sinusitis and rhinoconjunctivitis.”

**Results:**

“After 12 months of cure, symptom severity scores decreased more significantly in homeopathic group than in conventional group. There was also a trend to a better improvement of quality of life in the homeopathic group, but not statistically significant after diagnosis-specific adjustment.”

**13.3. Homeopathy and respiratory allergies: a series of 147 cases** - Semeac, France

**Citation and Link:**

Colin P., “Homeopathy and respiratory allergies: a series of 147 cases”, *Homeopathy*. 2006 Apr;95(2):65-7.

<http://www.ncbi.nlm.nih.gov/pubmed?term=%0916569621>

**Abstract:**

“Allergies, especially respiratory allergies, are one of the indications for which homeopathic treatment is most frequently sought. The progress of 147 cases of respiratory allergy since in private homeopathic practice is reported here. Only two cases of ear, nose and throat (ENT) allergies out of a total of 105 showed no improvement, no patients deteriorated. Two cases with worsening and three without improvement were noted out of 42 cases of pulmonary allergies. The constitutional homeopathic remedies varied, Lycopodium, Pulsatilla and Sulphur were most frequently prescribed for ENT allergies, there was no predominantly prescribed remedy in the pulmonary allergy group. Thirty one cases of respiratory allergies consulted only once. The reasons for such a state have been reviewed. If all these cases were therapeutic failures, the success rate of the homeopathic treatment is 87.6%.”